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**MAGNESIUM CITRATE PREP INSTRUCTIONS**  
**DO NOT TAKE ASPIRIN, ANTI-INFLAMMATORY MEDICATION, BLOOD THINNER, OR IRON SUPPLEMENTS ONE (1) WEEK PRIOR TO YOUR PROCEDURE!**

**DAY BEFORE PROCEDURE:**

- 1. Stay on Clear Liquid Diet all day (see back for details ?) **NO RED JELLO.**

**DAY OF PROCEDURE:**

- You may take important medicines, like heart medicines, blood pressure medicine, etc. with a small sip of water.

**FOR DIABETICS ONLY:** Reduce your Insulin dose by \_ the day before, and do not take Insulin the morning of the procedure until after you eat. For any questions, call your Family Dr

- You will be sedated. You **MUST** have someone drive you home. You should also have someone with you for 4-6 hours after your are home. Family members or driver will need to stay at the clinic until you are discharged home. The physician will need to speak with them after your procedure.
- Please wear comfortable clothes and shoes the day of your procedure.
- Please read your information pamphlet carefully. If you have any questions, discuss them with your physician or the nurse when you come in for your procedure.

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**ADDITIONAL PREP IF ORDERED BY PHYSICIAN:**

- Administer 1 Fleet Enema at 7:00 A.M. on the day of the procedure.

**PROCEDURE** \_\_\_\_\_

**PLACE**\_\_\_\_\_ **DR.**\_\_\_\_\_

**DATE**\_\_\_\_\_ **PROCEDURE TIME** \_\_\_\_\_

Check in at \_\_\_\_\_ AM/PM

At Outpatient Registration on the \_\_\_\_\_ floor.

At Bay Area Endoscopy Center.

- 2. Drink 1st bottle of Magnesium Citrate at 8:00 A.M.
- 3. Drink 2<sup>nd</sup> bottle of Magnesium Citrate at 6:00 P.M.
- 4. **NOTHING TO EAT OR DRINK AFTER MIDNIGHT, UNTIL AFTER THE PROCEDURE.**

**NOTE:** There will be a hospital or facility charge for any procedure, in addition to the physician charge.

State-of-the-art GI Endoscopy Center and Multi-Specialty Surgery Center 15015 Kirby Dr. Pearland, Texas 77047